



2023 Annual Report

*Greater Oregon Behavioral
Health, Inc.*

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A scenic view of a river flowing through a rugged, rocky landscape. The river is dark blue and flows from the upper left towards the lower right. The banks are rocky and covered with sparse, dry vegetation. In the foreground, a person is seen in a small, colorful raft on the river. The background shows steep, rocky hillsides under a clear sky.

GOBHI's Mission

Greater Oregon Behavioral Health, Inc. is a rural/frontier behavioral health and social services network, empowering individuals and communities to achieve better health.

We envision strong, healthy communities where all individuals are supported in achieving health, wellness, and their full potential.

Our Values



Diversity, Equity, and Inclusion

We support the delivery of community-based healthcare which cultivates diversity, equity, and inclusion by respecting and valuing each individual's cultural beliefs and practices, health literacy, preferred languages, and communication needs. We recognize tribal sovereignty and value indigenous wisdom.



Customer Centered

We listen to needs, express empathy and compassion, and approach our work and all interactions with others with a supportive attitude.



Quality and Outcome Focused

We monitor and provide continuous improvement to identify gaps in service, decrease inefficiencies, and provide a better experience for the people we serve.



Accountability

We hold ourselves accountable to the people we serve and meet regulatory obligations through robust program evaluation, measuring program, and cost effectiveness. We share information and data on our performance with a commitment to transparency, integrity, and respect for the people we serve and our partners.



Collaboration

We value collaboration with members, stakeholders, and partners at the local, state, and federal levels. These relationships are the cornerstone for achieving our common goal of engaging diverse perspectives and knowledge to help people live healthier lives in thriving communities.



Innovation

We foster innovation through collaborations, from lessons learned from our members and emerging healthcare research.

Our History

Established in 1994, GOBHI's history is deeply rooted in the tradition of community partnerships and innovative, locally driven solutions in rural Oregon.

In reflecting on our state's history, we acknowledge the federally recognized tribes within our service area, including the Confederated Tribes of the Umatilla Indian Reservation and the Burns Paiute Tribe. GOBHI respects tribal sovereignty and affirms the inherent right of tribal nations to self-determination and self-governance.

With the introduction of the Oregon Health Plan (OHP), the state's Medicaid program, over a dozen rural Community Mental Health Program (CMHP) directors came together to form GOBHI. These rural and frontier county leaders recognized that collaborative decision-making and cost-sharing would fortify the behavioral health system.

Over the years, GOBHI's portfolio of programs and services has grown, particularly with the development of Oregon's Coordinated Care Organizations. Our expansion has also been driven by various innovative prevention and intervention initiatives, supporting health and wellness across Oregon's rural and frontier communities and beyond.

Role and Structure

GOBHI is a co-owner of the Eastern Oregon Coordinated Care Organization (EOCCO) along with Moda Health and other healthcare providers in Eastern Oregon. EOCCO provided healthcare benefits for 89,823 OHP members in 12 rural and frontier counties in 2023.

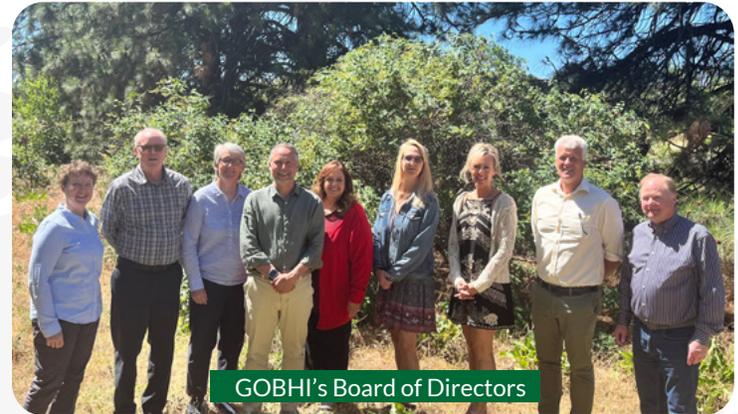
GOBHI's impact extends beyond its primary function as a Medicaid administrator. Its programs serve both Medicaid and non-Medicaid populations statewide, catering to children, families, and older adults. GOBHI

fosters dynamic partnerships with community stakeholders, including education, child welfare, criminal justice, and senior services.

GOBHI operates under the guidance of a board of directors, which includes county commissioners, community partners, public health directors, and executive directors from collaborating community behavioral health providers. The CEO of GOBHI reports directly to the board of directors.

GOBHI partners with these Community Mental Health Programs to provide behavioral health services to members:

- Center for Human Development, Inc.
- Community Counseling Solutions
- Lake Health District
- Lifeways, Inc.
- Mid-Columbia Center for Living
- New Directions Northwest
- Symmetry Care
- Wallowa Valley Center for Wellness



Letter from the CEO

I had the honor of stepping into the role of CEO from Karen Wheeler in the spring of 2024. This annual report, covering the year 2023, marks the closing chapter of Karen's tenure, defined by her dedication and leadership in advancing behavioral health in Eastern Oregon. As Karen hands over the reins, we extend our heartfelt gratitude for her invaluable contributions and steadfast guidance.

I am eager to collaborate with our staff, board members, and providers. With behavioral health in Oregon facing significant challenges, I am committed to helping Eastern Oregon seize the opportunities available. I look forward to working with our partners at Moda in Eastern Oregon Coordinated Care Organization to ensure that members in Eastern Oregon have access to quality healthcare.

Greater Oregon Behavioral Health, Inc. (GOBHI) is proud to have continued serving rural and frontier Oregon communities throughout 2023. GOBHI remains committed to our founding ideals of achieving better health and wellness through high-quality care and local solutions.

This annual report provides an overview of GOBHI and highlights our impact on the communities we serve. In 2023, we experienced continued attention and investments in the behavioral health system.

GOBHI continued its efforts outlined in the EO-CCO Comprehensive Behavioral Health Plan: Network Development, Workforce, and Housing. Recognizing the workforce shortage in Eastern Oregon and its impact on our members and communities, GOBHI launched a campaign to address this crisis, including providing scholarships for future behavioral health providers. Additionally, we promoted Eastern Oregon as a desirable place to live and work. The campaign was successful in reaching Oregonians and we will continue the campaign into 2024.

I want to take a moment to express my deepest gratitude to each and every one of our staff members for their incredible dedication and hard work. Their commitment to our mission and the care they provide to our community is truly inspiring.

Sincerely, Ann Ford, CEO



Ann Ford,
GOBHI CEO

Members and Communities

In This Section

- Member Demographics
- Where Do Members Live?
- Commitment to Health Equity
- Programs Serving Tribal Nations
- Programs Serving Latino/a/x Members
- Social Determinants of Health



Member Demographics

In 2023, GOBHI managed the care of 89,823 members, a 15% increase over 2022.

Language

Top languages Spoken

Language	# of members
English	75,918
Spanish	12,853
Mam ¹	104
Marshallese	68

The next most common primary languages were Yue Chinese, Somali, Mandarin Chinese, Persian, Chuukese, Vietnamese, and Arabic, with a further 33 languages reported spoken by members.

Spanish speakers

The percent of members who speak Spanish as their primary language increased from 11.2% in 2022 to **14.3% in 2023.**

EOCCO counties with the largest proportion of Spanish speaking members:

Morrow	34%
Umatilla	21%
Malheur	18%

Race and Ethnicity

Caucasian	67.7%
Hispanic	25.2%
American Indian and Alaska Native	3.5%
Black	1.1%
Native Hawaiian and Pacific Islander	1.0%
Other Race or Ethnicity	0.9%
Asian	0.7%

Percent BIPOC²:

36%

Percent with a disability:

6%

Percent female:

53%

Average age:

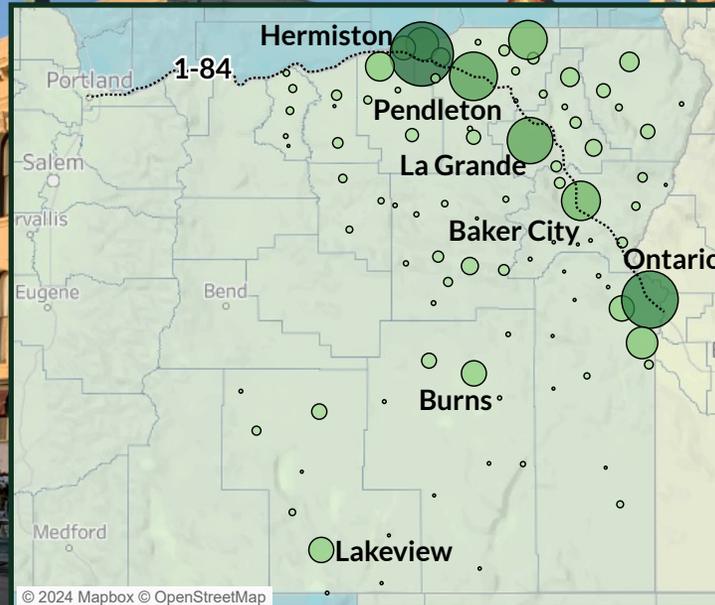
30 years

1. See note on page 15 2. Black, Indigenous and People of Color

Where Do Members Live?

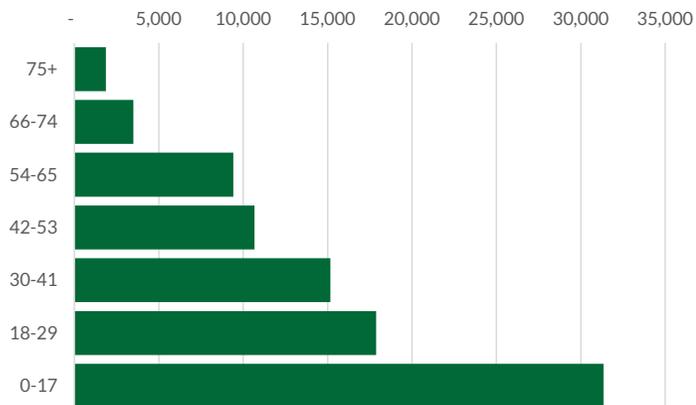
A majority of GOBHI members live in either Umatilla (38%) or Malheur County (20%). The population in the Eastern Oregon counties tends to be concentrated around the I-84 corridor, as shown in the map below.

Members by zip code

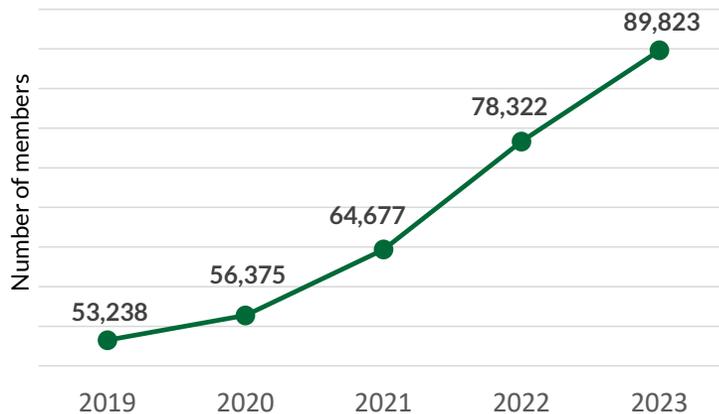


© 2024 Mapbox © OpenStreetMap

Members by Age



EOCCO Membership Over Time



Commitment to Health Equity

Our mission is to develop a health system that ensures health equity, enabling everyone to achieve their full health potential and well-being without being hindered by race, ethnicity, language, disability, gender, gender identity, sexual orientation, age, social class, or other socially determined circumstances, including geography.

GOBHI recognizes the distinct challenges faced by residents of Eastern Oregon in attaining health equity. Therefore, Diversity, Equity, Inclusion, and Belonging are central to our efforts, allowing us to better understand and address the unique needs of all those we serve.



Programs Serving Tribal Nations

GOBHI maintains ongoing collaboration with the Confederated Tribes of the Umatilla Indian Reservation (CTUIR) and the Burns Paiute Tribe. Fostering and sustaining relationships with tribal nations is essential to enhancing behavioral health in Eastern Oregon and it is central to GOBHI's mission, vision, and values.

- GOBHI's Behavioral Health Workforce Campaign now includes tribal representation on its steering committee, video materials, and job listings.
- We work with CTUIR as a contracted provider for NEMT and provide technical support.
- We seek representation at our Local Community Health Partnerships (LCHPs) and Community Advisory Council (CAC).
- Currently, we have a Tribal Member as a part of our CAC leadership.
- We collaborate in a Tribal Subcommittee where we listen to their needs, discuss how we can support them, and provide any educational information requested.

Programs Serving Latino/a/x Members

Making culturally specific services available across our region, creating more inclusive environments for care, and working to address the unique needs of the Latino/a/x¹ families we serve are paramount to our work.

GOBHI serves three of the four counties with the highest percentage of Latino/a/x residents in the state of Oregon and 29.2% of our members identify as Latino/a/x. Morrow, Malheur, and Umatilla counties are home to the largest Latino/a/x communities in Eastern Oregon, with Latino/a/x members making up 52.0%, 44.5%, and 38.8% of our CCO population in each of those counties. 14.4% of our members speak Spanish as their primary language (up 4% from 2022) and GOBHI works with our network of providers across Eastern Oregon to ensure members are connected to Spanish-speaking providers as well as language services.

1. The term “Latino/a/x” is used in this report because it both conveys respect for the ongoing transformation of community identity, and also includes the whole spectrum of community, including country of origin or ancestry, generation, gender, and gender fluidity. Currently, neither of the alternate terms “Latinx” nor “Hispanic” meets this work’s commitment to inclusivity. (“Hispanic” is a generic term for the Latino/a/x community, used by the U.S. Census Bureau to count only Latinos/as/x with Latin American origin or ancestry, and who are Spanish speakers; it thus does not capture the diversity of the Latino/a/x community).

Programs Serving Latino/a/x Members

GOBHI continues to work on how we can better support the wellbeing of our Latino/a/x members through EOCCO's Health Equity Plan. The goals of the plans are:

- Increase the completion of cultural responsiveness training and education by providers, clinic staff, and EOCCO workforce.
- Recruit and support a diverse workforce that reflects EOCCO membership.
- Improve access to language services for EOCCO members.
- Enhance member engagement efforts to address health and accessibility needs.
- Better understand population gaps and trends for accessing care.



Mam Language Speakers

Mam is a spoken language native to Guatemala and Mexico. Due to an increase in Guatemalan members in the Eastern Oregon region, we've seen a large increase in Mam speakers over the past year. This could be due to the "Healthier Oregon" program which allows anyone to qualify for the Oregon Health Plan regardless of their immigration status.

GOBHI continues to work with community partners, including [EUVALCREE](#), to help overcome language barriers to meet the needs of these members.

Social Determinants of Health

Social Determinants of Health (SDOH) are conditions in the environments in which people are born, live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risks.* By supporting patient and population well-being, investments addressing SDOH can improve patient outcomes, help manage healthcare costs, and support health equity.

Below, we compare data for the general population of EOCCO counties to Oregon as a whole.

* As defined by Healthy People, a U.S. Department of Health and Human Services initiative

Sources

1. [American Community Survey 5 Year Estimate \(2022\)](#)
2. [Oregon Board of Dentistry \(2023\)](#)
3. [State Of Oregon Employment Department \(2023\)](#)
4. [United States Environmental Protection Agency Annual Summary Data \(2023\)](#)
5. [Feeding America Food Insecurity Data \(2022\)](#)
6. [Health Resources and Services Administration Workforce Data \(2022-2023\)](#)
7. [Oregon Hunger Task Force Hunger Statistics \(2023\)](#)
8. [PSU 2023 Oregon Statewide Homelessness Estimates](#)
9. [Oregon Department of Education Assessment Group Reports \(2022-2023\)](#)
10. [Oregon Uniform Crime Reporting Data \(2023\)](#)

Economic Stability	EOCCO Counties	Oregon
Median Household Income ¹	\$60,968	\$76,632
% Below Poverty Line ¹	14.2%	11.9%
% Households spending at least 30% of income on housing ¹	24.9%	33.2%
% Unemployed ³	3.8%	4.2%

Social Determinants of Health

Neighborhood and Physical Environment	EOCO Counties	Oregon
Average commute time in Minutes ¹	18.0	23.3
Renter Occupied Housing units ¹	32.9%	36.8%
Owner Occupied Housing units ¹	67.1%	63.2%
Point in Time Homelessness Count (Sheltered and Unsheltered) per 1000 ⁸	5.0	4.7
# Reported Crimes Per 100,000 people ¹⁰	8930	7883
Average Median Air Quality Index 2023 ⁴	23.7	25.1
% Households with broadband internet subscription ¹	82.6%	90.5%
Education	EOCO Counties	Oregon
% 8th Grade Science Proficiency ⁹	22.6%	26.0%
% 8th grade math proficiency ⁹	20.3%	25.5%
Oregon Student Dropout/pushout Rate per 1000 students enrolled ⁹	41.9	33.1
% High school graduate or higher ¹	79.5%	81.3%

Social Determinants of Health

Community	EOCCO Counties	Oregon
% Single parent households with children under 18 ¹	8.9%	7.6%
% of total population In labor force ³	44.9%	50.3%
Health Care System	EOCCO Counties	Oregon
% uninsured (< age 65) ¹	9.0%	6.4%
Ratio of population to all medical doctors ⁶	753:1	257:1
Ratio of population to primary care physician ⁶	2058:1	1004:1
Ratio of population to dentists ²	2362:1	1573:1
% population with a disability ¹	18.2%	14.9%
Food	EOCCO Counties	Oregon
% Households Receiving Food stamps / SNAP benefits ¹	20.3%	14.9%
% Food insecure ⁵	14.0%	13.1%
% Children with Free and Reduced Price meal eligibility ⁷	51.0%	46.0%

Impact and Investments

Investing in Our Communities

GOBHI is a 501(c)(3) nonprofit organization, receiving funding from a diverse group of sources directed towards providing quality care to individuals in our region.

GOBHI, as a majority owner of EOCCO, manages various funds with the goal of enhancing the care system, improving health outcomes, and integrating physical, behavioral, and oral health. Alongside the funds received to administer benefits for EOCCO members, GOBHI handles a portfolio of statewide and regional contracts, as well as federal and local grants, to offer services and support to strengthen families and care systems across Oregon. We actively advocate for increased investment in our rural and frontier communities and deeply appreciate our partnerships in pursuing that mission.



Funding and Finances

GOBHI received a total of **\$99,773,786** in funds in 2023. We are committed to empowering our communities to deliver the best possible care to our members through innovative funding approaches. The majority of the **\$72,005,533** in behavioral health funds received in 2023 was disbursed via monthly Per-Member-Per-Month payments, also known as “capitation payments,” to our contracted Community Mental Health Programs (CMHP), based on the member populations they serve in each region. This model enables providers to dedicate more time to patient care while ensuring sustainable funding for critical behavioral health infrastructure throughout the year.

Revenue for 2023

Mental Health	\$51,119,993	51.2%
Substance Use Disorder	\$14,607,095	14.6%
Non-Emergent Medical Transportation	\$11,424,600	11.5%
Program Revenue	\$9,140,173	9.2%
Grant Revenue	\$4,946,485	5.0%
Assertive Community Treatment/Supported Employment	\$2,084,996	2.1%
Applied Behavior Analysis	\$1,866,190	1.9%
System of Care	\$1,795,571	1.8%
Other	\$1,437,251	1.4%
Claims Administration	\$819,744	0.8%
Co-occurring Disorders/Culturally and Linguistically Specific Services	\$471,366	0.5%
Child and Adolescents Needs and Strengths	\$60,323	0.1%

Funding and Finances

GOBHI is also incentivizing continued quality improvement within its network through a number of value-based payment arrangements with our contracted providers. In 2023, we distributed a total of **\$638,133** in funds to providers meeting or exceeding quality metrics standards focused on:

- Increasing utilization of medication assisted therapy services.
- Supporting CCO efforts for meeting requirements for the initiation and engagement of alcohol and other drug abuse or dependence treatment measure.
- Increasing the volume of behavioral health services delivered by peer providers.
- Reducing readmissions to the emergency department for members with mental illness.
- Reducing readmissions to acute care settings for members with behavioral health diagnoses.



Comprehensive Behavioral Health Plan

2023 Update

GOBHI conducted an overarching Comprehensive Behavioral Health Plan on behalf of EOCCO dedicated to behavioral health services throughout the region.

The plan has three areas of focus:

Workforce Development

Behavioral Health Network Development

Housing Stability

1. Workforce Development

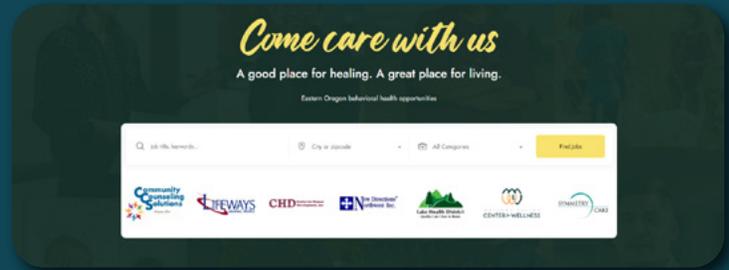
GOAL: EOCCO will develop an adequate and diverse workforce by:

- » Decreasing provider vacancies.
- » Reducing turnover and stabilizing the workforce.
- » Ensuring that the workforce in each county reflects the respective member population.

Behavioral Health Workforce Campaign

In 2023, we launched a comprehensive Behavioral Health Workforce Campaign in May, featuring a dedicated website that advertises behavioral health jobs across Eastern Oregon.

Our efforts were further amplified by the creation of marketing videos showcasing local employers and the region's livability, along with impactful social media content developed in collaboration with community partners.



Behavioral Health Workforce Campaign

Throughout the year we engaged with the community through multiple outreach events, including presentations at the CCO Oregon Conference, the Oregon Council for Behavioral Health Leadership Conference, and the Association of Oregon Counties Annual Conference, as well as participating in the George Fox University Career Fair. The continuation of the Eastern Oregon Human Resource Network (EOHR Network) facilitated ongoing resource sharing and collaboration among EOCCO and Community Mental Health Providers (CMHPs).

The campaign brought about seven applicants per month, accumulating over 54 applicants.

It has introduced many to GOBHI and the CMHPs, sparking collaboration inquiries from institutions like Eastern Oregon University. Using platforms like: LinkedIn, Meta, Google, and YouTube.

The campaign achieved an impressive reach and impressions, generating approximately 15,000 clicks.



Eastern Oregon University Scholarships

Additionally, the GOBHI Board approved a \$500,000 endowment fund for scholarships, with plans to award grants starting in 2024, and established a partnership with the EOU online Mental Health Counseling program to further enhance our workforce initiatives.

2. Behavioral Health Network Development

GOAL: EOCCO will ensure the provider network meets member needs by:

- » (1) Conducting a comprehensive assessment with an accompanying strategic plan for the behavioral health network; and (2) conducting member satisfaction survey and/or other methods for member feedback.
- » Expanding outpatient Substance Use Disorder (SUD) services for adolescents.
- » Expanding parent education and dyadic therapy services for children, ages 0-5, and their caregivers.

GOBHI has made significant strides in enhancing our behavioral health services and community engagement through CBHP investments. We hosted our second “Breaking the Stigma” event, bringing together nearly 30 providers specializing in SUD services for youth, with plans to expand this successful initiative to new areas annually. To address the accessibility challenges of higher-level care services, GOBHI dedicated \$100,000 toward a request for proposals focused on behavioral health network development, awarding two providers

to improve service quality, including the establishment of peer drop-in centers and a trauma-based therapy center. Additionally, we increased our contracts to provide Triple P positive parenting services and are in the process of contracting with several new behavioral health providers to expand our network. Our continued efforts aim to improve access to essential behavioral health services, ensuring that members in our rural and frontier service areas receive the care they need.

3. Housing Stability

GOAL: By expanding the existing community collaboration model, coordinating efforts and resources, and maximizing opportunities for supported housing for members, EOCCO will assist the Eastern Oregon communities to:

- » Improve access to supported housing.
- » Improve housing conditions and reduce disparities for EOCCO members and their families experiencing homelessness and/or housing instability.

We funded six projects with over \$100,000 from the Housing Planning Funds request for applications released in September 2022, directly impacting housing initiatives throughout the area. Our second Affordable Housing Summit, held on December 1, 2023, brought together service providers, experts, and community members to discuss and develop solutions for housing challenges. Ongoing Housing Coalition meetings, held every six weeks since April 2022, have featured presentations from various housing program providers,

Community Action Agencies, and state representatives, ensuring up-to-date and relevant discussions. By engaging with the EOCCO Community Advisory Council and Local Community Health Partnerships, we have fostered critical linkages and relationships, crucial for successful funding applications and project development, ultimately promoting stability for individuals experiencing behavioral health issues.

Behavioral Health Service Array

GOBHI, on behalf of EOCCO, administers the behavioral health benefit for its Oregon Health Plan (OHP) members. The behavioral health benefit encompasses a wide array of mental health, substance use disorder (SUD), and social services aimed at improving the well-being of our members.

Total of encountered services delivered in 2023:

\$52,931,661

29% increase from 2022

Total services provided:

175,369

19% increase from 2022

Total members served:

9,630

12% of EOCCO members

By service type

Mental health services:

\$33,278,042

8,258 members served

Substance use disorder services:

\$19,653,619

2,279 members served

By age

Adult:

77.6% · \$42,041,186

Youth:

22.4% · \$10,890,475

Behavioral Health Service Array

Behavioral Health Services Provided in 2023

MH=Mental Health, SUD=Substance Use Disorder

MH Outpatient (adult) 48.93%

SUD Outpatient (adult) 28.92%

MH Outpatient (youth) 18.64%

SUD Residential (adult) 1.62%

SUD Outpatient (youth) 0.75%

MH Inpatient (adult) 0.27%

SUD Residential (youth) 0.57%

MH Inpatient (youth) 0.29%

Behavioral Health Service Array Highlights

Mental Health Outpatient Youth: 2,697 individuals served
→10% increase from 2022.

Mental Health Outpatient Adult: 5,597 individuals served
→ 4% increase from 2022.

Around 1,900 individuals received SUD outpatient services in 2023, similar to 2021 and 2022.

Just over 600 individuals received SUD residential and detox services over the course of the year, similar to 2022.

Behavioral Health Service Array

Highlights

Peer Support Services: Overall, 27% more members were served than in 2022. Mental health peer support served 31% more members and SUD peer support showed an increase of 22%

Intensive In-Home Behavioral Health Treatment (IIBHT): The number of members served nearly doubled (from 27 to 49)

Medication Assisted Treatment (MAT): The number of members served by SUD outpatient MAT increased by 52%

Telehealth

Telehealth remains a widely used service across the EOCCO region, with utilization stabilizing over the last two years after the notable spike in 2020-2021 due to the pandemic.

Out of members who received
a behavioral health service,

50.8%

received at least one service
via telehealth

Number of telehealth services
delivered in 2023:

34,076

Non-Emergent Medical Transportation

The NEMT program connects our members to physical, behavioral, and oral health care services. We partner with local transportation providers and volunteer drivers to coordinate free rides for Oregon Health Plan members to and from scheduled medical appointments.

GOBHI administers this program on behalf of EOCCO and serves members in the 12-county EOCCO region, as well as fee-for-service members in Hood River and Wasco counties.



Alcohol And Drug Treatment

14.4%

Dialysis

11.0%

Mental Health

9.1%

Medical Follow Up

8.7%

Medical Specialty

7.0%

Top 10 Ride Categories

All Other Categories

34.2%

Routine Check Up

2.1%

Dental

3.6%

General Medical Services

3.9%

Physical Therapy

6.0%

Calls taken in 2023 by
GOBHI's NEMT call center:

120,894

58 calls per hour

Typical miles driven
per month :

234,172

Clinical Services

GOBHI's Clinical Services team assists members with addressing a variety of barriers and difficulties in their lives. The team works with a variety of human services organizations to accomplish this. This complex case example shows their work in action.

The case: member with severe depression, substance use, worsening medical issues, refusing help.



Frequent visits from the community paramedics, refusing care and treatment, conditions are so bad in the home at times paramedics are unable to enter.

Mental health evaluations do not meet criteria for commitment and involuntary care, evaluating doctors do not agree on risk.



Due to competency concerns and increasing health decline, and refusal of services and supports, hearing for guardianship is requested.



Outcome: Placement by guardian in enhanced nursing facility, member is now getting the medical care and nutrition they require, as well as support for their mental health.

Outside stakeholders involved: local hospital, community paramedics, community mental health, law enforcement, APD, family members, Oregon Health Authority, and the justice system.

Care Management 2023 Highlights:

94 involuntary cases monitored

5,832 members were SPMI* eligible

840 SPMI eligible members accessed crisis services

*Serious and persistent mental illness

Utilization Management 2023 Highlights:

3,687 total initial authorizations processed

354 total acute care initial authorizations processed

Programs

GOBHI offers a diverse range of programs and initiatives dedicated to promoting behavioral health and wellness across Oregon. The following section highlights key information and achievements from each program in 2023.

In This Section

Applied Behavior Analysis

Child-Parent Psychotherapy

Choice Model

Community Health Development

Early Assessment and Support Alliance

Early Childhood and Triple P®

Frontier Veggie Rx

Intensive In-Home Behavioral Health Treatment

Older Adult Behavioral Health

Oregon Center on Behavioral Health and Justice Integration

Oregon Kinship Navigator

Peer Services

Rental Assistance

Substance Use Disorders

Systems of Care / Wraparound

Therapeutic Foster Care / Foster Plus



Applied Behavior Analysis (ABA)

ABA is an evidence-based intervention for individuals with Autism Spectrum Disorders (ASD). ABA therapy applies our understanding of how behavior works to real situations.

The focus is on assessing the why behind distressed responses and on skill development that supports the learner in improving self-advocacy and interactions with their environment. ABA uses principles from learning theory to optimize a child's growth in communication skills, social skills, and independent living skills. ABA is covered by the Oregon Health Plan and is often part of comprehensive autism support services. GOBHI is committed to the treatment of children experiencing autism spectrum disorder.



2023 Highlights

Opened a new clinic in Ontario October 2023.

Twenty families received assessments to begin parent training and 28 children received in person treatment services.

ABA Team and families attended the Annual Autism Walk in La Grande, OR.

One of our behavior interventionists finished school to become a Board Certified Assistant Behavior Analyst.

Child-Parent Psychotherapy (CPP)

CPP is an evidence-based practice that is a relationship-based treatment model for young children, birth to 5 years old that helps young children and their caregivers recover and heal after stressful and traumatic events.

The CPP training program is offered to mental health providers throughout the state and provides a “Learning Community” where participants form supportive and therapeutic relationships through a commitment to completing an 18-month learning collaborative. In collaboration with the Oregon Health Authority, CPP consultants and early childhood staff provide clinician training and administrative support that is necessary for them to become endorsed in the therapeutic practice of CPP.



2023 Highlights

Sixteen Clinicians have continued through the CPP program this year with anticipated graduation in April 2024.

Planning for the 24/25 Cohort, beginning in September of 2024 has begun.

Choice Model

Choice Model is a statewide non-Medicaid program designed to meet the needs of individuals with serious and persistent mental illness (SPMI) who are at risk of, or have already accessed, residential and inpatient hospitalization, including the Oregon State Hospital (OSH). Services outlined in the Choice Model are designed to improve local behavioral health service providers' flexibility and ability to promote community-based recovery, and reduce the need for less effective, coercive/restrictive services, most notably in hospitals and institutions.



2023 Highlights

In coordination with our community partners, GOBHI staff assisted in serving 82 unique individuals.

GOBHI staff reviewed 139 choice Model Requests in 2023.

The most frequent requests in 2023 were related to housing, these included room and board, rent, hotel, and move in costs.

Choice also assisted members with guardianship fees, transportation, heating and cooling devices, phone access, home repairs, and medications and dental services not covered by Medicaid.

Community Health Development

The Community Health Development Team, (“Field Team”) works in the EOCCO region to ensure community engagement in health assessments, setting priority areas of work, and funding recommendations. The team oversees the EOCCO Community Advisory Council (CAC), which provides recommendations to the EOCCO Board of Directors. The CAC receives input from each of the 12 counties through their respective Local Community Health Partners (LCHPs) as well as input from the Confederated Tribes of the Umatilla Indian Reservation (CTUIR) via the Tribal Committee. Through strong collaborations with stakeholders, they implement the annual Community Health Plan updates and the EOCCO Community Health Assessments (every five years). The Field Team encompasses a variety of skills and has built a social capital in Eastern Oregon that enhances our ability to support efforts around engaging OHP members and families, partnering in community-based practices with education, public health, local government, Tribal communities, and oral and behavioral health services—all with a specific emphasis on Health Equity and Social Determinants of Health.

2023 Highlights

Established regular meetings with all LCHPs and developed relationships in each of the 12 counties.

Successfully deployed SHARE applications and assisted communities with approximately \$1.8 million in funding.

Provided expert guidance to community partners and OHP members regarding EOCCO benefits and programs.

Maintained 63.6% of EOCCO members on the Community Advisory Council.

Provided educational materials and answered questions about services provided at 43 community outreach events.

Early Assessment and Support Alliance (EASA)

EASA is a statewide network of programs which identify youth with symptoms of psychosis as early as possible, and provide support and treatment based on current research. EASA is a transitional program, serving people for approximately two years. The program continues to evolve based on feedback, experience and availability of new methods. For example, EASA is now integrated in methodology from evidence-based “toolkits” developed by the U.S. Substance Abuse and Mental Health Administration (SAMHSA). Toolkits being implemented by EASA included multi-family groups, illness management and recovery dual diagnosis treatment (chemical dependency and psychosis), and supported employment.

EASA works closely with family members and others who are supportive of the individual to help them succeed. This program is for young adults who are at risk for developing symptoms of psychosis (those who meet criteria for psychosis risk syndrome, also known as clinical high risk) and those who meet criteria for schizophrenia or bipolar I disorder with psychosis. Acute symptoms of psychosis include hallucinations (seeing and hearing things others don't), delusions (bizarre, out of character, fixed beliefs); and disturbances to speech, emotional expression, and movement. Onset of these symptoms usually occurs gradually.

2023 Highlights

10 counties served.

140 referrals received to the EASA program.

69 enrolled members served across Eastern Oregon.

101 community outreach and education events.

Early Childhood and Triple P

The Early Childhood team supports and collaborates with key partners in early childhood education, social services, and public health. The team participates as members of the Early Learning Hub Governance Boards, Parenting Hubs, Oregon Infant Mental Health Association (ORIMHA) Board, and Relief Nursery Boards. Members of the team actively engage in building community partnerships to support children and families in the Eastern Oregon region.

The Triple P – Positive Parenting Program® is an evidence-based parenting and family support system designed to prevent and treat behavioral/emotional problems in children and teenagers. As the lead partner, GOBHI is collaborating with community partners to implement Triple P as the primary evidence-based parenting program.

GOBHI's Triple P program originated in Umatilla County, and has expanded to Baker, Gilliam, Wallowa, Grant, Harney, Malheur, Morrow, Sherman, Union, Washington, Hood River, Wasco, and Wheeler counties, as well as children and families from the Confederated Tribes of the Umatilla Indian Reservation. Triple P services are offered to all caregivers and include online group parent education classes in addition to individual sessions with Oregon Department of Human Services (ODHS) Child Welfare clients. GOBHI's Triple P program contracts with local partners to provide individual support to children and their families.

2023 Highlights

Provided 6 multi-week parenting education series and 28 one time parent education workshops serving 2,049 parents.

Expansion of individual parent education services to Hermiston, OR from Pendleton, OR ODHS Child Welfare.

Increased Triple P staff to 3 full-time employees including bilingual staff to offer Spanish Triple P group and individual sessions.

GOBHI along with community partners provided 2,332 individual parent education session.

Expanded virtual parent education workshops and multi-week series to Hood River, Wasco, and Washington Counties.

The Oregon Community Foundation generously contributed \$138,000 to support Triple P across Eastern Oregon.

Frontier Veggie Rx (FVRx)

The Frontier Veggie Rx program is a healthy eating initiative that supports individuals and their families in Baker, Gilliam, Harney, Lake, Malheur, Sherman, and Wheeler counties. GOBHI administers this program with Local Community Health Partnerships Funds (SHARE) from EOCCO. Through this voucher program, local prescribers assess food insecurity of participants in rural and frontier Oregon. Eligible households receive a monthly prescription to purchase fresh or frozen healthy produce from local vendors. This Social Determinant of Health program improves the overall health of an individual and community by providing better access, variety, and accessibility of produce, as well as lowering the cost of produce.



2023 Highlights

Served 463 households, serving 1,114 individuals, of which 641 are EOCCO members.

FVRx has expanded to include Baker County through our unique partnership with the Albertsons Companies. This program served 14 households in 2023 and seeks to grow to 35 households in 2024.

The filling of new and refill prescriptions across seven counties is equal to \$241,047 in EOCCO, GOBHI, and other financial investments to support healthy eating.

Intensive In-Home Behavioral Health Treatment (IIBHT)

IIBHT is an Oregon Health Plan (OHP) level of care for youth and families. IIBHT is an intensive community-based service intended to help children, youth, and young adults through age 21, and their families, who require more frequent and intensive mental health treatment. It is provided outside of the traditional, once a week, clinic-based, outpatient model of care.

Services are offered at times and locations that best meet the needs of the youth and family. Whenever possible services are offered in-person in the community and/or at the family's home. Services are tailored to meet the individual needs of the young person and their family, for as long as individual support is needed. The youth and family will have a multidisciplinary team of professionals who meet with them for a minimum of 4 hours per week.



2023 Highlights

4 quarterly in person IIBHT training to all CMHPs Children's Teams.

21 youth enrolled in IIBHT across 12 counties.

1,153 Encounters provided to IIBHT youth.

Older Adult Behavioral Health Initiative (OABHI)

The Older Adult Program at GOBHI is part of the Older Adult Behavioral Health Initiative of OHA. The three main tasks:

- Complex Care Consultation
- Community Collaboration
- Workforce Development and Community Education

Goal of the initiative: “To better meet the needs of older adults and people living with physical disabilities by improving timely access to care from qualified providers who work together to provide coordinated, quality, and culturally responsive behavioral health and wellness services.”



2023 Highlights

Provided training to over 1,750 professionals and community members in 2023.

Participated in the state-wide pilot of PEARLS (Program to Encourage Active, Rewarding Lives) in a group setting and offered this program in Grant, Hood River, and Umatilla counties.

Training covered various topics related to aging and behavioral health, including: Depression, Grief, Suicide Prevention, Brain health and dementia education, Family caregiver supports, Behavioral Activation, PTSD, Social connection, and much more.

Presented at: Forum On Aging, OSU Gerontology Conference, Oregon Suicide Prevention Conference, Regional Crisis Intervention Team Conference, Eastern Oregon Caregivers Conference.

Oregon Center on Behavioral Health and Justice Integration (OCBHJI)

The Center is a statewide program in partnership with the Oregon Health Authority to provide specialized training and technical assistance (TA) for behavioral health and justice partners to enhance knowledge and improve practices aimed at treating people who, primarily due to symptoms of serious behavioral health conditions, neurocognitive conditions, and/or intellectual/developmental disabilities (IDD), are at risk of becoming incarcerated or are already within the system.

The Center provides sequential intercept mapping (SIM) and CC (Civil Commitment) to community partners that focuses on identifying gaps in community services for individuals with Behavioral Health/IDD issues.

The Center provides information, facilitation, training, and TA for Oregon's behavioral health and justice systems including interdisciplinary groups, teams, and individuals. Visit the Center's website at ocbhji.org

OCBHJI partners with The Center for Policing Excellence (CPE) at the Dept. of Public Safety Standards and Training (DPSST) in promoting, sustaining, and enhancing Crisis Intervention Teams (CIT) across Oregon. The aim of this partnership is to assist criminal justice and behavioral health agencies in providing a more effective and compassionate response to people experiencing a behavioral health crisis.

2023 Highlights

Hired a new Program Director as of October 2023

Hired two new Behavioral Health Specialists

Completed three SIM mappings (Union, Marion, Washington Counties)

Completed the first CC (Civil Commitment mapping) in Polk County

Eight CIT (Crisis Intervention Trainings)

Oregon Kinship Navigator

The Oregon Kinship Navigator, created in partnership with Oregon Department of Human Services (ODHS) Child Welfare, provides support, guidance, and resources to non-parent kinship caretakers throughout their parenting journeys. Nearly half of Oregon's more than 5,000 children in family foster care are placed with non-parent kinship caregivers and they face unique challenges in navigating the care of these children. Approximately 40,000 youth are being raised in kinship care statewide. Our staff members are located throughout the state of Oregon, bringing unique knowledge of both urban and rural communities of Oregon. Oregon Kinship Navigator meets the tangible needs of kinship families, provides online support groups and parenting support, facilitates resource referral, and provides access to a legal resource guide.

Visit the Oregon Kinship Navigator website at oregonkinshipnavigator.org



2023 Highlights

Online private support groups for kinship providers grew to more than 600 participants.

Supported 1,813 calls for service in 2023, a 73% increase in calls over 2022.

Presented the Oregon Kinship Navigator program model at the Generations United Global Intergenerational Conference in Washington DC.

Peer Support Services

The Peer Support Services program at GOBHI provides technical assistance to our providers and healthcare partners within the EOCCO service area by supporting Traditional Health Workers (THWs), specifically peer workers employed in behavioral health agencies/organizations. Our staff serve in leadership roles to promote, educate, and expand utilization and capacity of state-certified THWs throughout the Eastern Oregon region. THWs are integrated into all aspects of behavioral health and physical health. THW is an umbrella term for frontline public health workers who work in a community or clinic setting under the direction of a licensed health provider/ clinical supervisor.

Our team supports the Peer Workforce which includes: Adult Addictions, Adult Mental Health, Youth, Family, Peer Wellness, Gambling, and Forensic.

Our team supports youth and family support specialists, who cover all 12 counties in Eastern Oregon, by offering monthly individual and group coaching, and providing training in CALM (Counseling on Access to Lethal Means), Systems of Care, Wraparound, and Trauma Informed Care.

2023 Highlights

Held monthly Youth and Family Leadership Committee meetings consisting of 42 members that guide System of Care using Youth and Family voice. Many of these members are trained Youth and Family Peers and many are becoming trained.

THW Liaison created and provided Supervision of Peer Workers training to 7 of 12 Counties/Programs throughout GOBHI region throughout 2023.

Continued to track the number of peer workers of all specialty types throughout Eastern Oregon, which increased from 68 (in 2022) to 110 (in 2023).

Rental Assistance

The Rental Assistance Program (RAP) provides permanent supportive housing along with rental subsidies to individuals with serious and persistent mental illness who are homeless, at-risk of becoming homeless, or at-risk of being placed in restrictive environments like residential or hospital levels of care. GOBHI and Community Counseling Solutions work together to provide direct client services, administration, and oversight. The Oregon Health Authority is the program sponsor and funder. Residential Specialists and Peer Supports work with property owners, community mental health providers, and other support services to provide the individual with the services they need to remain independent, healthy, and safe. Rental Specialists work on relationships within a community that will help increase rental housing availability and work with individuals and providers to break down barriers to long-term housing financial support.



2023 Highlights

Served 57 unduplicated households with \$243,724.24 in rent subsidies

Assisted 8 households with \$11,689.71 in barrier removal assistance

8 households placed into permanent housing

Substance Use Disorders

The Substance Use Disorders (SUD) team supports GOBHI's commitment to ensuring our members have access to all levels of substance use disorder treatment services. This team supports Community Mental Health Providers (CMHPs) and other providers of SUD services throughout the region.

The SUD team worked on the State Opioid Response Grant (SOR 2) was started in October of 2021 and completed in October 2022. The SOR 2 grant provided the opioid-reversing medication Naloxone and Nalox-boxes to the CMHPs, SUD providers, Corrections, and other community partners. The grant also funded housing and housing support services for over 268 members in the EOCCO region.



2023 Highlights

Eastern Walk for Recovery - La Grande.

Unity Within the Community - 2nd annual Breaking the Stigma event.

Established Unity Within the Community group in Union County.

Provided Naloxone training to several elementary, middle and high schools throughout the EOCCO region.

Systems of Care and Wraparound

Systems of Care is a spectrum of effective services and supports for children, youth, and families with or at risk of health or other challenges. This is a necessary organizational infrastructure to collaboratively overcome cross-sector barriers in child-serving systems, covering 12 counties with Practice Level Workgroup and Advisory/Executive Committees.

Wraparound is an intensive team-based planning process to help children, young adults, and their families accomplish their family vision. This individualized care planning process is a shared commitment amongst professionals, youth, families, and their Natural Supports centered on the 10 principles of Wraparound; with Youth and Family driving the process. Wraparound and Intensive Care Coordination cover 12 counties with Individual Review Committee's convened by the CCO in each county.



2023 Highlights

Doubled membership in our Youth and Family Leadership Committee.

Using grant funds we provided 799 activities; connected with 4,829 youth and 2,683 family members in Eastern Oregon.

Collaborated with our local community mental health programs to destigmatize seeking mental health services; by building positive relationships through activities.

239 Youth enrolled in Wraparound/Intensive Care Coordination.

Therapeutic Foster Care

The Therapeutic Foster Care program provides homes for youth in local communities involved in the Child Welfare system or who are being supported by their local community mental health program. The Oregon Department of Human Services licenses GOBHI to recruit, train, and certify our own therapeutic foster parents. In 2023, our program operated in 22 of Oregon's 36 counties, two more than the previous year.

Foster Plus is an effort of 10 social service agencies collaborating to connect foster youth in need with the support and stability of committed, caring foster families. GOBHI leads this collaborative group dedicated to increasing the number of safe foster homes and supports other agencies to improve services to children.

GOBHI also contracts with Foster Plus members to provide Behavioral Health Treatment Foster Care (BH-TFC); a new level of care available to youth in Oregon. BH-TFC provides high-intensity services to youth in an effort to reduce the need for children to enter residential programs.

2023 Highlights

Brought 3 new Regional Child Placement Coordinator onto the TFC team for expanded geographical coverage as a result of program growth.

Increased the number of certified foster homes from 41 (2022) to 57 (2023) through targeted recruitment efforts.

Began recruitment efforts in Klamath County in April (2023) and had our first certification in that area finalized by November.

In June (2023) we certified a record high for the year of 5 new foster homes across Oregon.

Of the 25 foster youth that exited GOBHI foster home placements in 2023, 10 of them (40%) were able to move onto permanency.

Workforce Culture

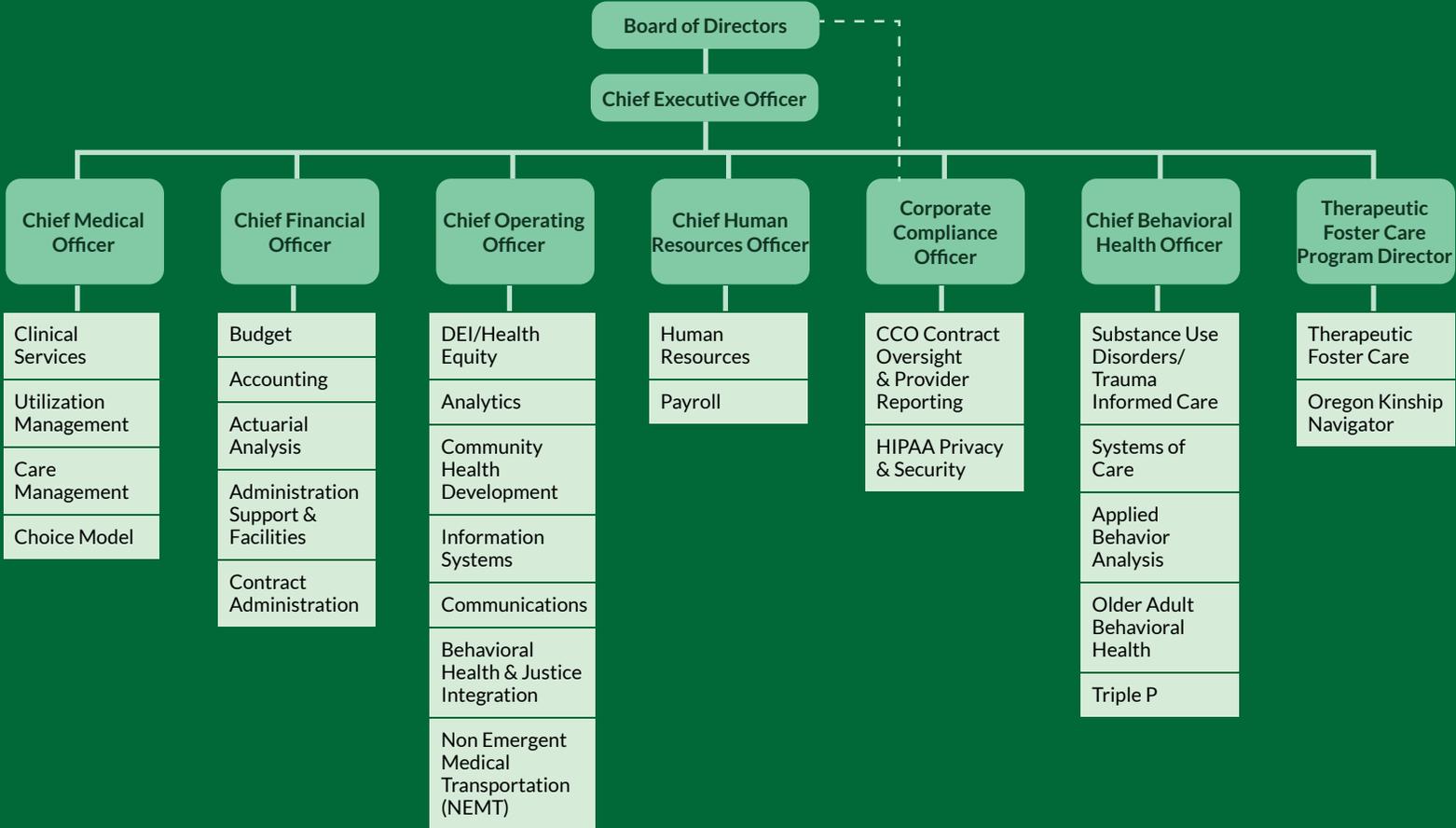
At GOBHI, we have created a culture where people with a variety of backgrounds, experience, and skills unite to make communities across Oregon stronger and healthier. With employees across the state working at home or office settings, we make connections that lead to quality partnerships to best serve our clients.

As a community-grounded organization, we understand and support diversity by creating a culture of dignity and respect for our employees. We are honored to be an equal opportunity employer that celebrates diversity, equity, inclusion, and belonging.



Learn more about our workforce culture and [employee benefits at gobhi.org/careers](https://gobhi.org/careers)

Organizational Chart



Closing

Thank you to the GOBHI Board of Directors, staff, providers, and to our network of community partners for your contributions to GOBHI's success this year.

We continue to honor our commitment to enhancing health outcomes across the diverse communities we serve. We eagerly anticipate continuing our partnership with you to foster thriving, healthy communities in rural and frontier Oregon. Our top priority remains the well-being of our members, families, and communities.

We look forward to continuing our work.

*Thank you,
Ann Ford, CEO*

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