



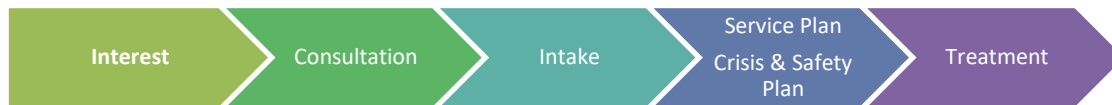
Providing hope and healing in our community.

Intensive In-Home Behavioral Health Treatment (IIBHT) – Entry and Engagement Process

IIBHT is Lifeways’ highest level of outpatient mental health treatment for children, adolescents, and young adults (up to age 20) and is designed to help families who need more support and services than traditional outpatient treatment.

Eligibility: Oregon Medicaid-eligible children and youth through age 20 who display intensive behavioral health needs, with multiple mental health diagnoses impacting multiple life domains and;

- Are experiencing significant safety risks
- Are at risk for out of home placement
- Are transitioning home from out of home treatment or placement



1. **Interest or Need** for IIBHT treatment expressed by you or your team?

You – Please contact member of the IIBHT team and provide youth/family contact information:

Ashley Besonson, IIBHT Lead & QMHP
541-889-9167, ext. 2396; abesonson@lifeways.org

Nancy I. Longoria, Child & Adolescent Team Clinical Supervisor
541-889-9167, ext. 2213; nlongoria@lifeways.org

Alyssa Bolin, Wraparound Care Coordinator Lead, QMHA-I
541-889-9167, ext. 2283; abolin@lifeways.org

IIBHT Team – will contact you to thank you for the referral and reach out to the family.

2. **Consultation** – We reach out to youth/family to schedule an initial consultation. If youth and/or family agree to treatment, we schedule an intake within 3 days of referral approval.
3. **Intake** – We complete a mental health assessment documenting sufficient information to justify presence of a qualifying DSM 5 diagnosis that is the medically necessary reason for services. A service plan meeting is scheduled within 5 days of the intake.
4. **Service Plan Meeting** – We work with youth/family to complete a service plan, offering a minimum of 4 hours of treatment per week, and a Crisis & Safety Plan, outlining a proactive plan to prevent and/or address a crisis.
5. **Treatment** begins and can include individual and family therapy, skills training, peer support, medication management, and 24/7 proactive crisis and de-escalation support.