



A Peer-Run Program of



## **OREGON SENIOR PEER OUTREACH**

**Toll-free line for information and referrals: 1-833-736-4676**

**New Pilot Peer Support Program for Socially Isolated Seniors now open!**

CCS's Oregon Senior Peer Outreach service is open to referrals. The innovative program will serve qualifying older adults (55+) or persons with disabilities who reside in the Eastern Oregon and Northwestern (GOBHI) counties. Please find the online referral form on the CCS website at <https://communitycounselingsolutions.org/senior-outreach/>

### **Program Leadership:**

Program Supervisor (Day to Day Operations)	Todd Trautner
Peer-Run Programs Manager (Oversight & Development)	Sharon Kuehn
GOBHI Older Adult BH Advisor (Program Advisor)	Janet Holboke

### **Oregon Senior Peer Outreach Goals:**

We will serve up to 60 socially isolated older adults (55+) who live in rural or frontier GOBHI counties. Provide regular telephone peer support with fidelity to **Intentional Peer Support (IPS)** practice. Peer values including self-determination, respect, connection, understanding worldview, mutuality and moving forward will guide our interactions.

Collect data through evaluation to demonstrate impacts of an ongoing peer support relationship in domains such as increased hope, self-care, engagement and reducing the experience of loneliness. Senior Peer Support Specialists who place the outreach calls are older adult peers skilled in the practice of IPS.

For more information, contact us at:

**Call 1-833-736-4676 or email: [todd.trautner@gobhi.net](mailto:todd.trautner@gobhi.net)**