

## Wraparound

- 1. Family Driven and Youth Guided: The family and youth, and their needs, direct the types and mix of services received.
- Strengths Based: The strengths of the youth and family are assessed and considered pathways to resolve needs and concerns.
- 3. **Natural Supports:** The team consists of more natural and informal supports than formal service providers. Natural supports are continuously encouraged and supported.
- 4. **Individualized:** The services and supports are provided based on the needs and strengths of the family, not ag function, menus of services and milieu.
- 5. **Culturally and Linguistically Competent:** Supports and services build on the preferences, attitudes, beliefs and culture of the family and youth.
- 6. Team Based: All decision are made by the team, not individuals. Families are actively involved in all decisions.
- 7. **Community Based:** The supports and services provided mirror that of the community of the family and youth. Every effort is taken to keep the youth in their community.
- 8. Collaboration: All plans are co-authored by the team and family. All decisions are made at the team level.
- 9. **Persistence:** Specific behaviors do not expel a family from the process. The created plan fails, not the family. Plans are revised at least every 30 days.
- 10. **Outcome based:** All supports and services should be based on what works. Each Wraparound plan (and the project) should be linked to observable and measurable indicators of success.

# The values and principles test:



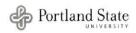
If what you are doing passes the Systems of Care values and Wraparound principles test, it is the best thing to do:

- Empowering
- Helpful
- Best practice
- Therapeutic

If not, stop and reevaluate. It may be:

- Enabling
- o Harmful
- o Ineffective
- Traumatizing

Systems of Care: www.rtckids.fmhi.usf.edu Wraparound: www.nwi.pdx.edu



# **Systems of Care**

## A System of Care is:

A spectrum of effective, community-based services and supports for children and youth with or at risk of serious challenges and their families, that:

- is organized into a coordinated network,
- o builds meaningful partnerships with families and youth,
- o addresses their cultural and linguistic needs, in order to help them to function in all life domains

#### **CORE VALUES**

- 1. **Family driven and youth guided**, with the strengths and needs of the child and family <u>determining</u> the types and mix of services and supports provided.
- 2. **Community based**, with the locus of services as well as system management resting within a supportive, adaptive infrastructure of structures, processes, and relationships at the <u>community level</u>.
- 3. **Culturally and linguistically competent**, with agencies, programs, and services that reflect the cultural, racial, ethnic, and linguistic differences of the <u>populations they serve</u>.

### **GUIDING PRINCIPLES**

- 1. Provide a **broad, flexible array** of effective, community-based services and supports that include formal, informal and natural supports
- 2. Provide individualized services and supports in equitable partnership with families
- 3. Commit to evidence-informed and promising practices, as well as practice-based evidence.
- 4. Deliver services and supports within the **least restrictive**, most normative environments.
- 5. Ensure that families and youth are full partners in all aspects of the planning and delivery.
- Ensure that services are linked and coordinated
- 7. Provide care management and care coordination (i.e. Wraparound) at the practice level.
- 8. Provide services to families and youth in their homes and community or community-like settings.
- 9. Provide services for transition of youth (age 14-18) to adulthood and to the adult service system as needed.
- 10. Emphasize prevention, and early identification to improve outcomes.
- 11. Focus on **quality and improvement** by adhering to the systems of care goals; practice fidelity, and outcomes at the system level, practice level, and child and family team level.
- 12. Protect the rights of children and families and promote effective advocacy efforts.
- 13. Ensure that services are sensitive and responsive to differences.